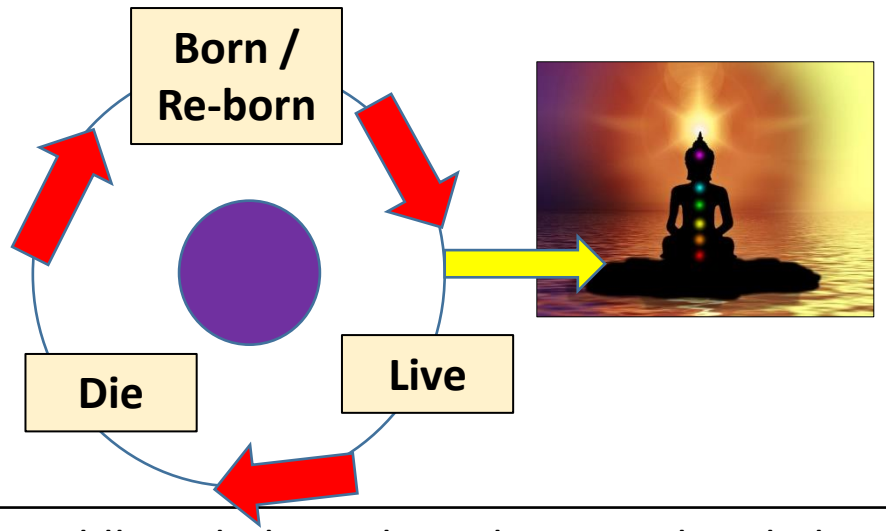
Year 4: Buddhism - Is it possible for everyone to be happy?

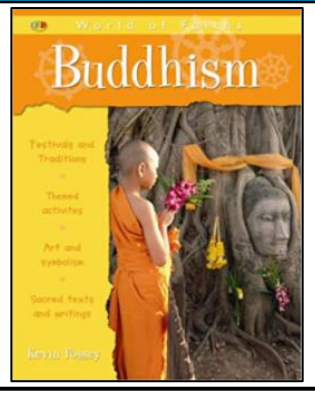
Subject Specific Vocabulary	
karma	This is a law that every cause has an effect. So our actions have a result
hardship	Is when part of your life is difficult or not nice
wealth	Having many valuable possessions or anything you want
wisdom	Being wise and use knowledge to make good decisions
knowledge	Is knowing facts or having skills
nirvana	Nirvana is believed to be the end of the cycle of death and reibirth
enlightenment	is when you have found the truth about life
Siddhartha	Buddha was born as Siddhartha Gautama
Wesak	The most important Buddhist festival celebrating the birth of Buddha

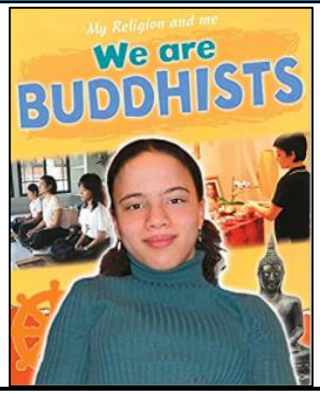
Buddhists believe they are in a cycle



Buddhists believe the only way to break the cycle is through meditation and enlightenment

Recommended Reads





Sticky Knowledge

Buddhists believe they will be born again until they reach enlightenment

Buddhists believe in rebirth

To be enlightened means to have knowledge, wisdom or understanding

Wesak celebrates the Buddha's birthday



Buddhists believe happiness does not come from wealth or hardship