Year 4: Sikhism - What does it mean to be a Sikh?

Subject Specific Vocabulary

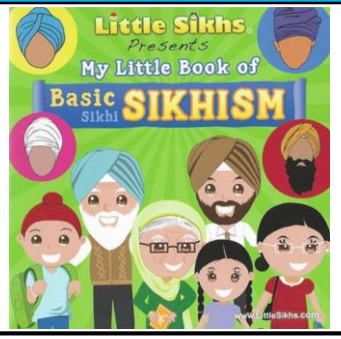
Gurdwara	A Sikh place of worship
Sikh	Someone who follows Sikhism
Sikhism	One of the world's main religions
langar	A communal free kitchen in a gurdwara.
Golden Temple	It is found in Amritsar, India.
kesh	Sikhs leave their hair uncut to show obedience to God.
kangha	A wooden comb that helps Sikhs to keep their hair in place.
kachera	Shorts worn as underwear.
kara	A steel bangle that reminds Sikhs to behave well.
kirpan	A tiny sword worn by Sikhs.
turban	A type of headwear based on cloth winding.

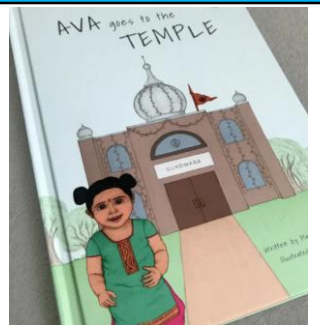
Core Sikh beliefs

Sikhs believe that:
There is only one God.
All people are equal.
Everyone should share with others.
Everyone should live honestly.
Everyone should work hard.



Recommended Reads





Sticky Knowledge

The Golden Temple is the holiest temple in the Sikh faith.



To understand what it is like to visit a Gurdwara

To know Sikhs wear the 5Ks to show their commitment to Sikhism

To know 2 of the core Sikh beliefs:

- Worship only one god,
- All people are equal,
- Live honestly,
- Work hard,
- Share with others