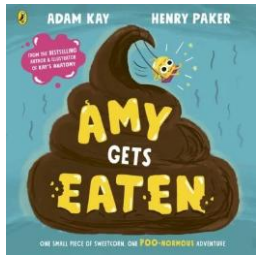
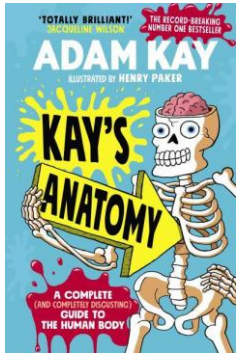
How do we digest our food? – Year 4 Knowledge Map

Suggested reads





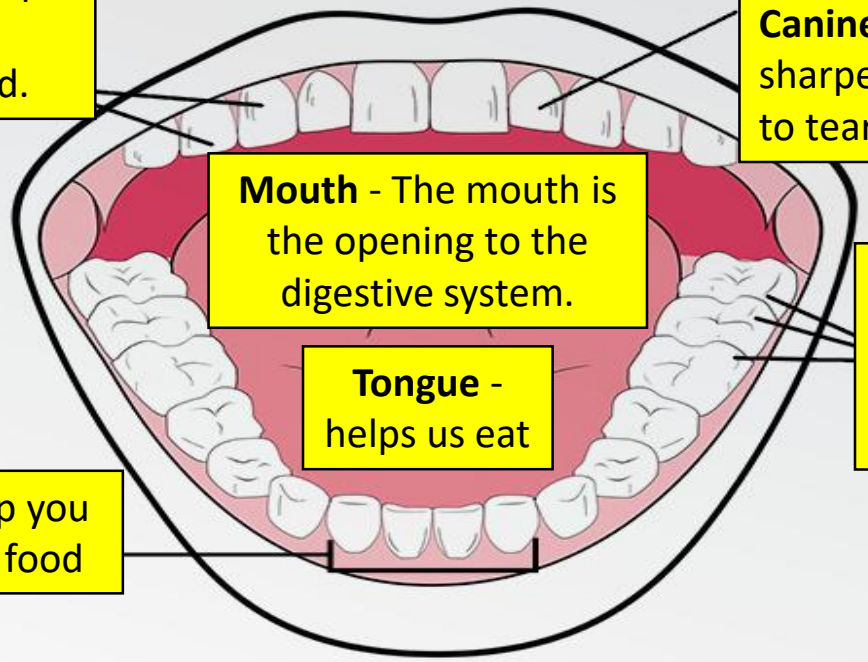
Subject Specific Vocabulary

Digestion	**Digestion** is the process by which food is broken down to be absorbed into the blood stream and distributed around the body.
Teeth	**Teeth** are hard, bony structures that grow from the jawbone. Humans and other animals use their teeth to bite and to chew food.

Sticky Knowledge: The mouth

Premolars – help you chew and crush your food.

Canines – sharpest teeth to tear our food.



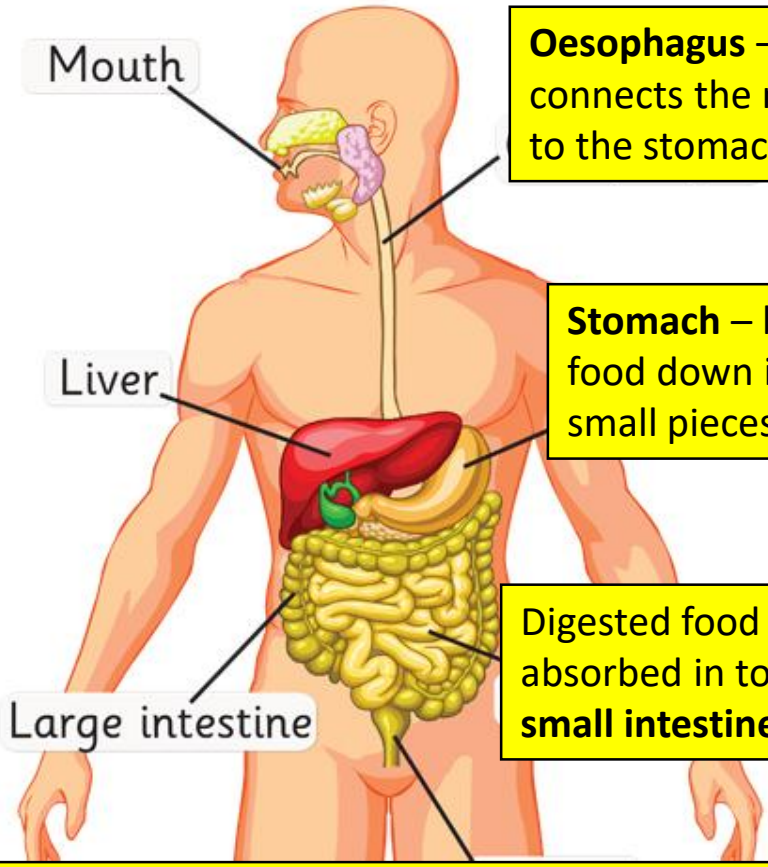
Mouth - The mouth is the opening to the digestive system.

Tongue - helps us eat

Molars – powerful teeth for crushing and grinding of food

Incisors – Help you bite into your food

Sticky Knowledge The digestive system



Oesophagus – This connects the mouth to the stomach.

Stomach – breaks food down into small pieces.

Digested food is absorbed in to the **small intestine**

The leftover waste, goes on to the **large intestine.** You get rid of this waste when you go to the toilet!